

## *Health/Wellness*

### **American Cancer Society**

Cindy McGinnis, ext 212  
550 North 31st St., Suite 103  
Billings, MT 59101  
Phone: 1-800-252-5470  
[cindymcginnis@cancer.org](mailto:cindymcginnis@cancer.org)

### **Buffalino Chiropractic & Nutritional Counseling**

Lynn Buffalino  
119 S. 2nd  
Livingston, MT 59047  
Phone: (406) 222-4444

### **Community Health Partners, Inc.**

Ted Madden  
126 South Main Street  
Livingston, MT 59047-2624  
Phone: (406)222-1111  
Fax: (406)222-5749  
[chp@mcn.net](mailto:chp@mcn.net)

### **Eye Care Professionals/Mountain Eyewear**

Jamie Barney  
P.O. Box 680  
305 West Park Street  
Livingston, MT 59047  
Phone: (406) 222-0250  
Fax: (406)222-8419

### **FoodWorks Natural Market - healthy eating**

Park County's ONLY full-line natural grocery store!  
Robert Worobec / Annie Conley  
412 East Park St.  
Livingston, MT 59047  
Phone: 406-222-8223

### **Jolene Hillman - Soap Maker**

Creating handmade natural, non-irritating soaps.  
P. O. Box 414  
Livingston, MT 59047  
Phone: 406-222-1268

### **Bozeman Foot & Ankle Clinic - With 2 locations to serve you.**

BOZEMAN: 931 Highland Blvd, Suite 3310  
Phone: 406-587-8478  
LIVINGSTON: 422 South Main St.,  
Phone: 406-222-5429  
Fax: 406-222-0730

### **Christine Meiner - USANA Health Sciences Rep**

Highest quality supplements for optimum health.  
PO Box 1810  
Livingston, Montana 59047  
Phone: 406-222-5592  
[meiner@usana.com](mailto:meiner@usana.com)

### **Evergreen Livingston Health & Rehab Center**

Chuck Sinclair  
510 South 14th Street  
Livingston, MT 59047  
Phone: (406) 222-0672  
Fax: (406) 222-1406

### **Firehall Fitness Center**

Pam Schoenen  
124 East Callender Street  
Livingston, MT 59047  
Phone: (406)-222-8716  
Fax: (406)-222-8716

### **Frontier Assisted Living Community**

60 bed licensed community accepting residents for independent care through hospice. High quality at the most affordable rates.  
Alan Wyland, marketing 570-2800  
121 South 3rd St.  
Livingston, MtT 59047  
Phone: 406-222-6102  
Fax: 406-222-4833  
[falcdirector@ycsi.net](mailto:falcdirector@ycsi.net)

### **Linda Hausler - Distributor**

Nature-based bath & body products  
107 Shields River Rd. East  
Livingston, MT 59047  
Phone: 406-222-3007  
[openrange@wispwest.net](mailto:openrange@wispwest.net)

[sunkistladyinMT@wmconnect.com](mailto:sunkistladyinMT@wmconnect.com)

**Livingston Health Care...**

Livingston Memorial Hospital  
504 South 13th  
Livingston, MT 59047  
Phone: (406)-222-3541

**Paradise Impressions Beauty & Tanning Salon**

Kim Bonnell  
318 East Park Street  
Livingston, MT 59047  
Phone: (406) 222-5502

**Total Fitness**

Work out at our gym.  
Carol Stern  
126 East Chinook  
Livingston, Montana 59047  
Phone: 406-222-4856  
Fax: 406-222-4856 (press start)  
[tonit321@aol.com](mailto:tonit321@aol.com)

**Nancy Hearn - Wellness Consultant**

Promoting health, nutrition education and weight management.  
722 North B St.  
Livingston, MT 59047  
Phone: 406-222-7304  
[nhearn@montanadsl.net](mailto:nhearn@montanadsl.net)

**SPA at Golden Ratio & Guest House**

Luxurious day spa along the Yellowstone River  
John Fanuzzi  
2894 U.S. Hwy. 89 (P.O. Box 297)  
Emigrant, MT 59027  
Phone: (800)-310-9543, (406)-333-4190  
Fax: (406)-333-4191  
[admin@wellspringinstitute.com](mailto:admin@wellspringinstitute.com)



[www.chphealth.org](http://www.chphealth.org)

Livingston Area Chamber  
303 East Park Street  
Livingston, MT 59047

As we approach a beautiful Montana summer and the time when businesses traditionally “staff up” for tourist season, Community Health Partners (CHP) wants to remind you of our services and the reason we exist, - for you and your employees!

Community Health Partners was created to serve the people of Park County, - those who have a tough time affording great health care as well as those who just like the excellent services CHP has to offer. As a community health clinic, CHP provides:

- Respectful, confidential primary medical care for adult and child needs, pregnancy management, and attention to acute and chronic health conditions
- On-site pharmacy exclusively for CHP patients with medications discounted according to income level
- Support for behavioral health challenges including lifestyle changes (exercise, diet, stress reduction, tobacco cessation)
- Excellent, caring health care providers – physicians, nurse practitioners, physician assistants, and pharmacist as well as an outstanding nursing and front desk staff.
- Discounts based on income level making services affordable for ALL!

We bill numerous insurance companies as well as Medicare and Medicaid

Community Health Partners is here for Park County! We look forward to helping you and your employees stay healthy and happy.

Sincerely,

Laurie Francis, CEO

**Community Health Partners**  
126 South Main Street  
Livingston, MT 59047  
(406-222-1111)

Info provided by: Livingston Area Chamber, [www.livingston-chamber.com](http://www.livingston-chamber.com), 406-222-0850



# Livingston HealthCare

*the heart of community care*

## About Livingston HealthCare

Livingston HealthCare, a not-for-profit community membership organization, is the parent organization for Livingston Memorial Hospital, Park Clinic, Rowe Clinic, Home Care, Hospice Care, and Home Oxygen.

- Livingston Memorial Hospital is a 29-bed hospital, which includes 15 acute care beds, four intensive care beds, five nursery beds, and a five-bed transitional care program for long term care of limited duration. The hospital operates as a Critical Access Hospital.
- Park Clinic is a multispecialty clinic which includes family practice, internal medicine, OB/GYN, pediatrics, general surgery, orthopedic surgery, and visiting specialists in audiology, nutritional services, and urology. Park Clinic is designated as a Rural Health Clinic.
- Rowe Clinic is a solo practice internal medicine clinic.

## Services Offered

- Community Services
  - Athlete Wellness Program
  - Community Health Screens
  - Speakers Bureau on Health Topics
  - Park County Diabetes Project
  - Park County Tobacco Use Prevention Project
- Home Services
  - Home Care
    - Nursing Visits
    - Personal Care
    - Physical, occupational and speech therapy
  - Home Oxygen
  - Hospice Care
- Hospital Services
  - Acute Care
  - Anesthesia
  - Cardiac Rehabilitation
  - Chemotherapy
- Diagnostic Imaging
  - Radiology & Fluoroscopy
  - CT-Scan
  - Dexascan
  - Mammography
  - Nuclear Medicine
  - Ultrasound

- Dietary
- 24-Hr Emergency Department
- Healthy Steps
- Intensive Care Unit
- Laboratory
  - Full Range of acute care testing, microbiology, and blood bank testing
  - Fully-stocked blood bank
- Maternal/Child
- Pharmacy
- Physical and Occupational Therapies
- Respiratory Therapy
  - EEG
  - EKG
  - Newborn Hearing Screens
  - Pulmonary Function Testing
- Surgery
  - General
  - Endoscopy (upper and lower)
  - OB/GYN
  - Orthopedic
- Transitional Care
- Visiting specialists
  - Cardiology
  - Ear, Nose, and Throat
  - Neurology
  - Oncology

**Locations:**

Livingston Memorial Hospital  
 504 South 13<sup>th</sup> Street  
 Livingston, MT 59047  
 406-222-3541

Park Clinic  
 1001 River Drive  
 Livingston, MT 59047  
 406-222-0800

Rowe Clinic  
 422 South Main Street  
 Livingston, MT 59047  
 406-222-7411

Physicians

Family Practice

- L. M. Baskett, MD
- Ben Flock, MD
- Dennis Noteboom, MD

Home Care/Hospice Care  
 Cardiac Rehabilitation/Healthy Steps  
 Robin Lane Building  
 601 Robin Lane  
 Livingston, MT 59047  
 406-222-3541

Internal Medicine

- Johnson Loh, MD
- Thomas Rowe, MD
- Ted Scofield, MD
- Douglas Wadle, MD

General Surgery

- Michelle Donaldson, MD
- Kary Engle, PA-C

Pediatrics

- Peggy O'Hara

Women's Health

- Shawn Burwell, MD
- Denise Helin, MD
- Genevieve Reid, MD
- Peggy Scanson, MD

## **Pediatric Outpatient Therapy Services**

Our Staff of skilled therapists combine more than twenty years of pediatric experience to bring a unique team approach to the rehabilitation of children

Our Services include:

- ◆ Speech Therapy
- ◆ Physical Therapy
- ◆ Occupational Therapy

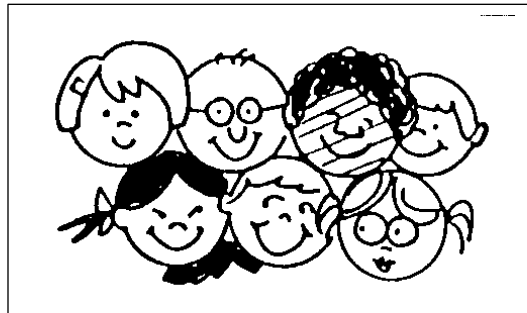


For more information, please call  
(406) 222-0315 / 222-0750

Livingston Health & Rehabilitation Center  
Outpatient Services is a division of  
Kindred Healthcare, Inc.

*Livingston Health and  
Rehabilitation Center*

## **Pediatric Outpatient Therapy**



Comprehensive Rehab Services  
for children of all ages.

# Livingston Health and Rehabilitation Center – Outpatient Services

We provide a comprehensive team approach to rehabilitation services for children of all ages in a child-centered environment.

- ◆ Each therapy session involves direct one-on-one work with the therapist.
- ◆ Family members are encouraged to participate.
- ◆ Family members are educated to carry out therapeutic techniques at home.
- ◆ Our clinic maintains a wide range of state-of-the-art equipment.

## Physical Therapy

- ◆ Gross Motor Skills
- ◆ Mobility Skills (including wheelchair use and walking)
- ◆ Strength, Endurance, Balance, and Exercise Training

## Speech Therapy

- ◆ Language and Cognitive Skills
- ◆ Articulation Skills
- ◆ Fluency and Voice Disorders
- ◆ Swallowing and Feeding Disorders
- ◆ Augmentative/Assistive Communication
- ◆ Cochlear Implant Rehabilitation

## Occupational Therapy

- ◆ Fine Motor Skills
- ◆ Feeding, Dressing, Bathing, Hygiene
- ◆ Cognitive and Perceptual Skills
- ◆ Sensory Integration

## We Care for Children with:

- ◆ Developmental Delays (difficulty with talking, reading, writing, social skills, eating, or walking)
- ◆ Autism spectrum Disorders
- ◆ Head Injury / Traumatic Accidents
- ◆ Sports Injuries
- ◆ ADHD/ ADD
- ◆ Spinal Bifida
- ◆ Down's Syndrome
- ◆ Bone and Muscle Disorders
- ◆ Arthritis
- ◆ Muscular Dystrophy
- ◆ Other Genetic or Metabolic Disorders

It is the objective of the Evergreen Healthcare Rehabilitation Department to provide comprehensive and integrated therapy services to restore the client to his or her highest functional level.

Utilizing a team approach, the Rehabilitation Team, consisting of the primary care physician, physical therapy staff, occupational therapy staff, and speech-language pathology staff work together to evaluate, plan, provide and continually reassess the rehabilitation plan of care for each client admitted to the program.

The family and other caregivers are an essential part of this process, if appropriate, and are involved from the beginning of care.

At discharge from the active outpatient programs, follow up community resources, and programs are discussed and implemented, including adaptive equipment orders, family training and maintenance programs.

This care program has been developed to allow our clients to maintain their maximum level of independence, and remain in the least restrictive living environment.

## **Rehabilitation Program**

For the Enhancement  
of Abilities and  
Community Skills

**(406) 222-0672**

## Physical Therapy

### How can they help?

Through the Evergreen Healthcare's Rehabilitation Care Program, our Physical Therapists can focus on identifying barriers to independence and providing treatment to overcome or compensate for those problem areas.

### Physical Therapy sessions focus on:

Fall prevention and balance activities

Neuromuscular re-education

Safety with transfers

Assistive device fitting and training

Body mechanics and joint protection training

Orthotic/ prosthetic device fitting and training

Joint mobility / tone management

Pain Management

Caregiver / family instruction

## Occupational Therapy

### How can they help?

The focus of the Occupational Therapy Outpatient Care Program is preserving or enhancing independence with daily living skills.

### Occupational Therapy sessions focus on:

Environmental adaptation to increase safety and independence

Dressing and grooming

Eating

Using the bathroom or bathing

Safety and endurance with activities of daily living

Adaptive equipment provision and training

Body mechanics and joint protection training in activities of daily living

Strengthening and coordination exercises

Joint mobility / tone management of arms and hands

Sensation

Caregiver / family instruction

## Eyecare Professionals

### Questions and Answers about your Infant's Vision

At what age should a child have their eyes examined?

- A child should have their eyes examined at six months, three years, five years, and then as recommended by their eye care professional depending on each child's needs. The six month vision screening is crucial as many problems can be detected early and may be treatable.

How can the eyes of an infant be examined?

- There is technology available to check the vision and eye health of infants. Objective measure are used to determine how well infants see, if both eyes see equally well, if the eyes are aligned and work together as a team, if a prescription is needed, and if the eyes are healthy.
- What vision conditions are being checked for during a screening?
- Any misalignment of the eye.
- Reduced vision in one or both eyes as compared to expected levels.
- Detection of high prescriptions.
- Detection of eye disease.

## Complimentary Infant Vision Screening Program

Do premature infants have higher risks of eye problems?

- Premature infants weighing less than 1200 grams at birth or born 2 months or more premature have a much higher chance of being nearsighted than infants born full term.
- Other children at higher risk of developing eye problems are infants whose mothers had rubella during pregnancy or used drugs or alcohol during their pregnancy.

What are common sights that might indicate a vision problem?

- Repeated squinting, closing, or covering of one eye.
- Any turn of either eye in or out.
- Poor eye hand coordination

James J. Barney, Optometrist  
Carl J. Roth, Optometrist

Call and make an appointment for your complimentary infant vision screening.

**406.222.0250**  
**800.847.0205**